



GROUP MEMBERSHIP EMPLOYEE INFO

Join the Y with your employment group and save!

As a Y member you'll get full access to:

- 24/7 Wellness Center access for members 18+
- A wide variety of Group Fitness classes offered daily
- The ultimate fitness experience with our Technogym equipment & MyWellness App
- A free equipment orientation or personal training consultation
- Member rates for all programs
- Plus, access to our pool, 4 gyms, Fieldhouse, Track, Batting Cages, Adventure Zone, Racquetball courts, and more!



NORFOLK FAMILY YMCA

Group Membership Information:

- When you sign up with your group, we'll waive the \$30 Joiner's Fee, plus you receive a group membership rate discount (amount dependent on how many employees sign up)
- This is an annual membership- you won't be able to cancel before your year is up.
- Once your year is up, your membership will go inactive, unless you resubmit the group membership form through your group coordinator.
- Membership goes into effect the 1st of the month following your sign-up.
- You decide if you pay monthly (1st of every month) or one annual fee.

Not sure if a Y Membership is for you?

Your company's FREE WEEK is the time for you to stop by for a tour, experience a group fitness class, and check out what we all have to offer. Feel free to bring your family or a friend with you!



All group membership paperwork is turned into your group coordinator. All membership forms brought in by the group coordinator will receive the group discount. Forms brought in directly to the Y will not receive discount.

Questions? Contact our Member Engagement Director, Seth, at 402-371-9770 or welcome@norfolkymca.org