

Age Restrictions for Pool Usage

5 and under -

Must be accompanied in the water, within arms length away at all times by an individual 16 years or older.

Ages 6-8-

Must be accompanied in the pool area at all times by an individual 16 years or older.

Any individual wearing a flotation device-

Must be accompanied in the water at all times by an individual 16 years or older, within arms reach.

Lap/Shared-

This time is reserved for any patron using the pool for exercise purposes; walking, taking an aquatic fitness class, or swimming laps.

Open Swim-

Pool is open for all patrons at this time. Children, families, and adults are all welcomed to utilize the pool.

Swim Lessons-

This time is reserved specifically just for YMCA swim lesson participants.

Aquajets/High School Swim Team-

This time is reserved specifically just for YMCA Swim Team and High School Swim Team.

Aquacise-

This time is reserved for anyone ages 18+ to participate in group exercise classes in the water.

CHILDREN OR PLAY-TIME IS ONLY ALLOWED DURING OPEN SWIM!

Pool Closures

Monday September 2nd– All day for Labor Day

Saturday October 5th– Aquajets Swim Meet

Saturday November 2nd– Aquajets Swim Meet

Thursday November 28th– All Day for Thanksgiving

Schedule is subject to change without notice

POOL DRESS CODE:

1. All Patrons must shower before entering the pool.
2. Appropriate swim attire is required before entering the pool. Swimsuit or swim trunks, you may wear a t-shirt to cover swim attire if desired.
3. ABSOLUTELY NO – gym shorts, undergarments, jean shorts, etc. will NOT be considered swim attire. (If these items are worn you will be asked to leave.)
4. ABSOLUTELY NO – flotation devices passed the blue 5 foot line

Norfolk Family YMCA
301 W Benjamin Avenue
Norfolk, NE 68701
402-371-9770
www.norfolkymca.org

For any questions with the schedule, please see our Welcome Center or ask our Aquatics Director, Dylan Moore at swim@norfolkymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIMMING POOL SCHEDULE

September 1st–November 16th
NORFOLK FAMILY YMCA



